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PICKS:
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SEASON

THE
POWER
ISSUE

FROM GISELE
TO JULIAN
SCHNABEL

IS THE GYM
MESSING WITH
YOUR HEAD?

2 THE MIGRATION SAFARIS

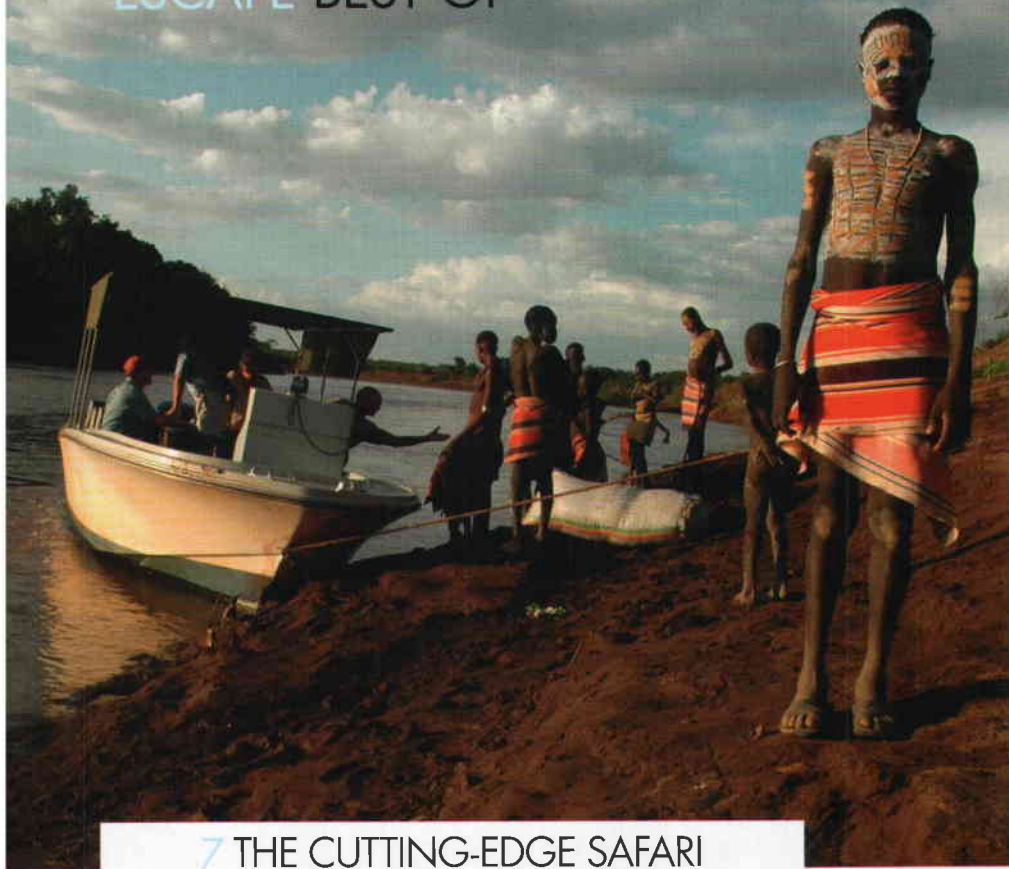
The spectacle of 60,000 wildebeest (and half a million zebra and gazelle) migrating across the Serengeti plains is one of the natural wonders of the world, and there are three great ways to see it.

CC Africa is the best mobile camp (which migrates with the animals); its Tanzania Under Canvas trip manages to provide great luxury without the aid of running water or mains electricity. If you prefer a stationary camp, go to Singita Serengeti's new Faru Faru: from here, you can witness spectacular migration crossings. Or try the Nduara Loliondo migratory yurt camp, one of the few places in Tanzania where you can do exciting night drives.

Tanzania Under Canvas, from about £225 a person full board, with CC Africa (+27 11 809 4314; www.ccafrica.com). Faru Faru, from £1,944 a person full board, including transfers; and Nduara Loliondo, from £1,322 a person full board, including transfers, both with Journeys by Design (01273 623790; www.journeysbydesign.com).



ESCAPE BEST OF



7 THE CUTTING-EDGE SAFARI

A boat trip up the floodwaters of the Omo River into Ethiopia with Halewijn Scheuerman of Jade Sea Journeys gets you close to the real heart of Africa. This is river country populated by colourful tribes: the Mursi (famous for their women's lip-plates), the Kara (above), the Hamar, the Nyangatom, the Dassanech, the Surma and many others. The tribes still practise their ancient rituals, and abide by strict tribal taboos. They own little, beyond their cattle and a few personal artefacts, but theirs is a life rich in symbolism and meaning. This safari isn't for those gagging to see the big five, and there are no butlers, spas or matching cushions. But the tents are comfortable, the food fresh and ample and, more importantly, the experience is unforgettable.

Five nights, from £1,639 a person full board, including transfers, all drinks and use of a private boat, with Journeys by Design (01273 623790; www.journeysbydesign.com).